



**COURSE OUTLINE**  
**Palo Verde College**  
 One College Drive, Blythe, CA 92225  
 (760) 921-5500

Latest Revision: 5/3/06

Board Approval: 5/23/06

**1. Course Information. Course Initiator: Camille Brown**

Subject Area and Course Number: <b>NBE 085</b>		Course Title: <b>Fitting and Alterations®</b>			
New Course <input type="checkbox"/> Revised <input checked="" type="checkbox"/> Updated <input checked="" type="checkbox"/>		Static ID <b>C08597</b>	TOP Code <b>1303.10</b>	Credit Status Request <b>Noncredit</b>	
Classification Code <b>C=Adult and Secondary Basic Education</b>		SAM Code <b>E=Non-occupational</b>		Course prior to college level <b>Choose one:</b>	
Noncredit category <b>G=Home economics</b>		Meets a unique need: Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Course duplicated: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Demand/Enrollment Potential: Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	
Transfer request <b>C=Non-transferable</b>		Articulation request: UC <input type="checkbox"/> CSU <input type="checkbox"/> CSU-GE <input type="checkbox"/> IGETC <input type="checkbox"/> CAN <input type="checkbox"/>			

2. Some or all aspects of this course may be delivered in a Distance Education mode: Yes  No   
 If checked yes, all questions pertaining to Distance Education must be answered.

3. This course has laboratory or clinic/field hours: Yes  No   
 If checked yes, this outline must include a list of laboratory or clinic/field activities or topics.

4. This course has prerequisites, co-requisites, or advisories: Yes  No   
 If checked yes, please complete a [Prerequisite Justification Form](#).

5. Curriculum Committee Approval Date: 5/11/06

6. After Curriculum Committee approval, the following is to be completed by the Office of Instruction:

TRANSFER APPROVAL STATUS	ARTICULATION APPROVAL STATUS					
		Not Requested	Date of Submission	Approval Pending	Approval Denied	Date Approved
Approval Pending						
	UC	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	
	CSU	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	
	CSU-GE	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	
	IGETC	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	
	CAN	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	

**CATALOG DESCRIPTION:**

Fundamental processes of pattern and garment alteration. Practical application of garment alteration through participation in actual customer shop problems. This course is repeatable.

**UNITS:**

FACE TO FACE: Total Clock Hours: Lecture: 18 Laboratory: 36 Clinic/Field:

DISTANCE EDUCATION:

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**ENTRY LEVEL SKILLS, PRE-REQUISITES, CO-REQUISITES AND ADVISORIES:**

N/A

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**OBJECTIVES and LEARNING OUTCOMES:**

**Upon successful completion of the course the student will be able to:**

1. Discuss and apply the process of pattern and garment altering.
2. Apply garment alteration through participation in simulated and actual customer shop problems.
3. Design and fit pattern for different sized subjects.
4. Fit and alter patterns for all garments.
5. Fit and construct garments for individual persons.
6. Create new designs for clients of all ages.
7. Alter existing garments as needed and demanded.
8. Recognize good fit as indicated by seam placement, ease, grain, and absence of wrinkles in a tissue pattern and in garment fitting.
9. Develop criteria for evaluating good workmanship.
10. Demonstrate measuring, cutting, sewing, and pressing skills needed to complete fitting and alterations.

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**COURSE OUTLINE AND SCOPE:**

**1. Outline of Topics or Content:**

1. Introduction to Course and Safety Instructions: Supply list, machine operation.
2. Garment construction basics.
3. Applying body measurements; pattern design and sizing.
4. Apply fitting techniques to current body types and current retail size and related issues.
5. Alteration principles and fitting techniques.
6. Shortening and lengthening hems, types of hems and hem stitches.
7. Shorten sleeves at bottom or from top, set in sleeves, shoulder pads.
8. Waist and shoulders- take in, let out, lower or raise.
9. Seams: take in, let out - princess seam.
10. Buttons and button holes - handwork button holes and machine button hole stitch/bar tack, corded and keyhole, types of buttons and attaching buttons.
11. Pressing garment sections.
12. Pressing special fabrics.

**2. If a course contains laboratory or clinic/field hours, list activities or topics:**

**Following teacher demonstration, students will work individually on projects in the sewing lab.**

**3. Examples of Reading Assignments:**

Pattern envelopes, instructor prepared handouts, instruction booklets.

**4. Examples of Writing Assignments:**

Yardage estimations, pattern alterations.

**5. Appropriate Assignments to be completed outside of class:**

Students may work on their selected projects at home.

**6. Appropriate Assignments that demonstrate critical thinking:**

N/A

**7. Other Assignments:**

Individual projects may be assigned based on student level.

**8. Indicate any assignments that are unique to the Distance Education mode of delivery:**

N/A

**METHOD OF EVALUATION—FACE TO FACE:**

Attendance, participation, finished projects critiqued by instructor.

**METHOD OF EVALUATION—DISTANCE EDUCATION:**

N/A

**METHOD OF INSTRUCTION—FACE TO FACE:**

Demonstration, lecture, lab, media presentations.

**METHOD OF INSTRUCTION—DISTANCE EDUCATION:**

N/A

**REPRESENTATIVE TEXTBOOKS, AND OTHER READING AND STUDY MATERIALS:**

This section shall include author(s), title, and current publication date of all representative materials.

Commercial patterns, instructor handouts.

**SIGNATURES:**

COURSE INITIATOR: \_\_\_\_\_ DATE: \_\_\_\_\_

LIBRARY: \_\_\_\_\_ DATE: \_\_\_\_\_

CHAIR OF CURRICULUM COMMITTEE: \_\_\_\_\_ DATE: \_\_\_\_\_

SUPERINTENDENT/PRESIDENT: \_\_\_\_\_ DATE: \_\_\_\_\_